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CAT ANGEL NETWORK



Together, we CAN make a difference!

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MISSION STATEMENT

- ▼ To prevent the suffering of abandoned cats through rescue, spay/neuter, medical care, shelter, and adoption to approved homes.
- To educate the public about the proper care of cats, the importance of spaying and neutering, and the benefits of adopting shelter cats.
- To operate as a no-kill, all volunteer, non-profit organization.

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2019 CAN Auction To Be Held Sunday October 27th Join us as we highlight the "fun" in "fundraising!"

We will be putting our best paws forward for this year's gala auction, and we really want you to come join in the fun! It's all happening on Sunday, October 27th in Griffith Hall at the Ludwig's Corner Fire Company. With fifteen silent auction tables, a robust live auction, excellent food, and a room filled with cat lovers, the event is always too fun to miss! There is no pressure to buy, but few can resist the wonderful selection of items, creating a "purrfect" opportunity to do a little holiday shopping. We have a great variety of terrific items up for auction each year, and one never knows what treasures will be available until he or she arrives. If you haven't been in the past, you really should treat yourself in 2019! Most people who come once return each year, so join us and become part of our auction family!



We are most fortunate to have Bud and Annette Smith from Smith Auction Company running the live auction. They make bidding fun and easy for the novice auction attendee!

When and where is the event? The date is Sunday, October 27 from 2-5 p.m. Registration begins at 1:45. Silent auction tables begin closing at 3:15 and the live auction starts at 3:45, so we suggest that you arrive by 2:15. The event will be held in Griffith Hall, a part of Ludwig's Corner Fire Company. The address is 1325 North Pottstown Pike, Glenmoore, PA.

Please turn to page 4 for ticket information and more Frequently Asked Questions (FAQ).

Featured Cat: Handsome & Energetic Eitan

Eitan is a handsome silver tabby fellow about one year old. He is a high-energy and full of spunk boy who is looking for a very special, cat-savvy family to appreciate his bubbly personality! He is just barely past being a "kitten" and is still growing, developing his social skills and learning how to be a well behaved kitty. He will bring so much joy and pleasure to a cat savvy family who will give him space and time to grow into the best boy he can be.

Eitan had a bit of a rough start to his young life. He was found in an abandoned house by two very nice young men who were doing carpentry work there. Thank goodness the carpenters found them or who knows what could have happened! Eitan was named after one of the young men who rescued him. One of our shelter volunteers heard about him and Eitan became a CAN kitty in early January, 2019. He was completely vetted, is happy and healthy and in search of a loving family and forever home.

Please consider meeting this beautiful boy at the PetSmart in Pottstown and adding him to your family!



Eitan relaxing at PetSmart Adoption Center

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Volunteer Profile: Kaaren Mitchel

These days she calls Limerick, PA home, but CAN volunteer **Kaaren Mitchel** grew up in California. When her parents divorced, she and her brother moved to their grandparents' 20 acre retirement farm, "Rock Ranch," located "just over the mountain" from Palm Springs. Kaaren says, "It's really a small family farm," and although she describes the area as an arid desert with sagebrush, "things do grow there." This is



Kaaren Mitchel

where she nurtured her love of all animals: dogs, chickens, ducks, guinea fowl and especially cats. Kaaren's dad was a great cat lover and they almost always had cats.

Kaaren began her working career at a savings bank in California where she worked as a corporate trainer. She married in her late 20's and her husband's company moved them to this area in 1992. It was quite a shock for this California native to encounter the chilly Pennsylvania winters, so for the first few weeks she and her 2 cats cuddled up in a sleeping bag trying to keep warm.

In Pennsylvania she began freelancing as a corporate trainer and eventually found a fulltime position with Smith-Kline-Beecham. After the merger with GSK, Kaaren worked as an archivist for 23 years. She retired in April 2018 but has been keeping quite busy. Living on her grandparents farm, where she could often be found with a paintbrush or shovel in hand or fixing a roof, helped make her pretty self-sufficient. At her Limerick home she has about 1/3 acre and enjoys her favorite past times:

hanging out with her cats and gardening.

About 10 years ago, when Kaaren noticed some stray/feral cats nearby, her neighbors told her about Cat Angel Network. She became a volunteer and CAN helped with the feral cats. She has a special love for ferals and credits CAN with helping her learn about TNR (Trap-Neuter-Return). Kaaren volunteers at the shelter and is quite involved in keeping things running smoothly there.

In 2010 she had a serious bicycle accident and was bedridden, not able to use her legs for 16 weeks. Her four kitties Max and Toby (CAN adoptees), Izzy and Quigley helped her recover by stationing themselves around her legs and keeping them immobilized. Today her cats include Toby, Max, Calamity Jane, and Minnie Kitty, the last 2 of the neighborhood ferals. Early on Kaaren realized that she has a special knack for working with feral cats. She realizes that these special kitties need to be accepted and loved on their own terms. Over her 10 years as a CAN volunteer many CAN kitties have benefited from Kaaren's special care.

Featured Cats: Anne and Cindy Sweet Seniors Seek Special Someone

Each year, rescue organizations receive so many calls about cats living outside who are in need of help. One special story is that of Anne & Cindy, a beautiful pair of calico sisters who are about 10 years old. They grew up on a horse farm in Downingtown, close to the home of a long-time Cat Angel volunteer. The family who owns the property cared for them since they were young.

Anne & Cindy came into our lives this past winter. The number of cats living on the farm was increasing; and Anne & Cindy had bad colds and needed veterinary care right away. Worst of all, their ears were frostbitten from the frigid temperatures outside. It was clear that they deserved a better life, so they were taken into foster care and named after two of the women who rescued them. Several of the other cats on the farm were quickly adopted to new homes, and in no time, the situation on the farm was improving for many, including Anne & Cindy.

Anne is the darker of the two calicos. She is outgoing and loves to reach out and touch your hand with her paws. She enjoys having her head scratched and is very affectionate. Anne tilts her head to one side, which melts your heart. Cindy is a little shy at first, but once she knows you, she will also come to have her head scratched. Cindy will often stick her tongue out, which just makes her that much more loveable. Anne & Cindy are very bonded and MUST be adopted together. They have received all the medical and dental care they need and are now ready for adoption.

In a time when so many kittens are available for adoption, loveable adults like Anne & Cindy can be easily overlooked. When you consider that cats often live to be 16 years or older, Anne & Cindy may still have many years ahead of them. They are a very special part of the Cat Angel family and deserve a wonderful family of their own – maybe that family will be yours!

If you are interested in adopting these beautiful sisters, they can often be seen at the Downingtown PetSmart. To apply for adoption, please visit either the Downingtown or Pottstown, PA PetSmart, or apply online at www.catangel.org.



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Ask "Angel"



Nighttime Activity In Cats

QUESTION: I love my cat dearly, but he has a behavior that is greatly impacting my life and health. He is very active at night, playing with his toys, running all over the house, sometimes knocking things over. I am a very light sleeper and his nighttime escapades (not to mention his walking all over me!) wake me up frequently during the night, and I find it difficult to get back to sleep. In addition, he has begun to wake me up in the morning earlier and earlier, wanting to be fed his breakfast. I usually get up at 6 AM for work, but he started waking me up at 5:45. Once I starting getting up at 5:45, he started meowing and walking on me at 5:30. The loss of sleep has me exhausted and stressed, and is affecting my performance at work. Is there any way to stop this behavior and allow me to get the full night's sleep I desperately need?



Photo credit: Lisa Zins

ANSWER: We kitties have a natural tendency to be nocturnal creatures, sleeping during daylight hours and hunting at night. As pets living in an active home, this schedule is often reversed as we interact with our owners and other pets during the day, and get our much needed hours of sleep at night, cuddled up on the bed with our owners. But when there is little or no daytime activity (family at work or school, no other pets or older inactive pets), we sleep the boring day away and use up all our pent-up energy participating in what we call the "MIDNIGHT CRAZIES!"

If your kitty is a kitten or young adult (and most cats guilty of this behavior are), the logical solution is to spice up his life with more activity and fun during the day. Giving your beloved cat a young, playful companion kitty is the quickest, easiest way to turn his life (and sleep cycle) upside down! Running, chasing, wrestling, and soccer games with balls or toy

mice are exciting and exhausting ways that cats relive their action-packed littermate days!

Another effective technique is to pick up your cat's toys when you go to bed, storing them in a plastic bag with catnip, and then taking out two or three the next morning, rotating the toys so kitty doesn't become bored with them. Cat trees or perches in sun-filled windows overlooking interesting nature scenery also provide stimulation during the day. Putting up a birdfeeder right outside a window guarantees that most sensory-starved felines are going to spend many happy hours chattering at the array of feathered visitors!

A "must" for eliminating excess nighttime activity is to have a vigorous 15 minute play session with your cat EVERY night before bedtime. A laser pointer provides hilarious fun for you and your cat as you have him run in circles, up the wall and around the room, all from the comfort of your easy chair as you watch the Nightly News. Make this part of your bedtime rituals and you will add many ZZZZZZZ's to your life!

As far as the problem with your kitty awakening you to be fed, the solution is to change his feeding times. Instead of the typical first-thing-in-themorning and after-work feedings, try feeding him ¼ of his daily allotment as you LEAVE for work, another ¼ when you come home, and the remaining ½ at your bedtime (AFTER the exhausting play session). This late-night feeding has the added benefit of making your cat sleepy right when you want him to be, less hungry early in the morning, and not expecting



Photo credit: AshleyPT

to be fed as soon as you get up. NEVER, EVER, EVER, EVER, GET UP TO FEED YOUR CAT WHEN HE AWAKENS YOU AT NIGHT (unless, of course, you want to teach him that mommy will be happy to get up and feed her darling boy whenever he insists!) Cats are masters of cause-and-effect, and if they learn that their annoying behavior gets results, they WILL do it again! If your cat awakens you to be fed, get up and close him up in a room far from your bedroom.



You will not have to do this very often, as your genius cat will figure out that every time he wakes you, an unpleasant result follows.

If after two to three weeks of following these techniques, you do not begin to see a gradual lessening of the undesirable behaviors, you will have to use some tough love, and confine your cat to a room of his own for the night. Any small room with a door, far from the bedroom, can be used. Ideally, it should be dark, and have NO TOYS, just a warm, snuggly bed and a small litterbox. If you do not have a room like this available, a 36" X 24" (or larger) dog cage, covered by a sheet, if necessary, can make an ideal "apartment" for your kitty's nighttime rest. And if the spot is dark and warm, he WILL sleep the night away, as there is nothing else for him to do. Eventually, as his internal clock gets switched around, confining him at night may no longer be necessary. And, if he always has to sleep in his separate place, so be it. As we say in the cat world, "If Momma ain't happy, ain't NOBODY happy!" If you, as your cat's owner, are not getting your proper rest, your kitty is in danger of losing his home, and THAT is the ultimate unhappiness for any cat.

Cats are highly trainable, if changes are consistently enforced. It's tempting, especially in the middle of the night, to pull the covers over your head and hope the problem goes away by itself. But if you resolve to make the necessary adjustments and stick to them, you and your cat will have a lifetime of "Sweet Dreams" together, I promise!

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Auction Ticket Information and FAQ

Where do I get tickets? The price of admission is \$20 per person in advance (by October 19th), and \$25 from Oct 20th-27th or at the door. Admission includes delicious hot and cold hors d'oeuvres. There are no physical tickets. Just fill out the form in this newsletter and return it with your check/cash, or go to our website where you can purchase admission using any major credit card or Paypal. Your name will be on a list of attendees, so you will only need to check in at the door. We strongly encourage ticket purchase in advance and appreciate receiving your ticket return coupons or online payment by October 19th. Tickets at the door will be available on a first come, first serve basis.

Dress? We suggest "business casual."

How can I help make this event a success? If you would like to contribute a new item for the auction, please contact Henry. Also, we could use help advertising the event. We can send you a flyer to print out via email. Thanks also to CAN alumni Chance and Magic and their human for the gift of totally funding our catering function. If you want to help us in covering the cost of the firehouse rental, which runs about \$800, please let us know.

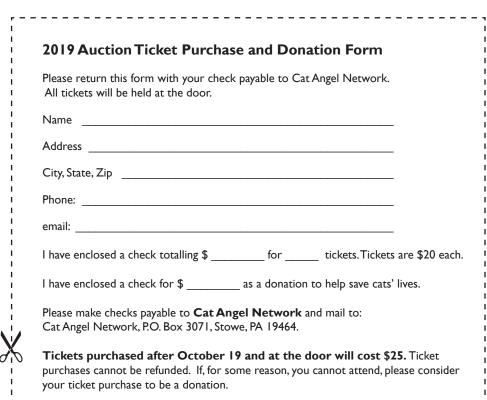
What type of items are acceptable for the auction? Unique items, restaurant gift certificates, practical items, jewelry, items of value, and bottles of wine tend to go well at the auction. Since we have limited table space, we may not be able to accommodate many very large items with a value of less than \$60. One never knows which items will bring in the big bids!

What is the deadline to donate items? The deadline is October 13th. After that date, we may still be able to take high quality items that will bring a good price at the auction. Please do not bring items to the auction as last-minute additions.

What payment is accepted at the event? Cash and checks for purchases under \$100. Credit cards can be used for purchases over that amount.

If you have additional questions, please contact: Henry Grabb at catangelpa@aol.com (or call or text him at 484-947-3684..

Thank you for your support!





A view of last year's silent auction tables



2018 live auction



Auction refreshment (tasty treats)!

20th Cat Concert Raises \$7000

On Sunday evening, April 14, students and professors from West Chester University's Wells School of Music and the Department of Theatre and Dance put on a wonderful concert that raised close to \$7,000! With so much going for it, the cat concert is an event that many people would enjoy, but, unfortunately, sometimes very few people attend. While we would like to keep the cat concert going, 2020 could be the last year we have access to the venue, unless we have a reasonable audience. With that in

mind, we hope that you can save the date now, and plan to join in on the fun! The 2020 cat concert will be held in Madeleine Wing Adler Theatre on Sunday April 19th at 3 PM. Come out and have a good laugh and a great experience in 2020!

